

# Mark Shapiro, MD, FHM, FACP

Hospitalist

[Creator & Host, Explore The Space Podcast](#)

[TEDx Speaker](#)

[“I Stand With Her #HeForShe” Award Winner](#)

[“Man of Good Conscience” Award Winner](#)

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## Explore The Space Podcast

- 2018-Present      Founder, Explore The Space LLC
- Mission to close gaps between healthcare providers & those seeking care.
  - Unique content creation for podcasts, stage, & writing.
  - Produce [podcasts](#), [live shows](#), & [Position Papers](#)
  - Frequent subject of [press, podcast, and other media features](#)
  - Leading social media personality on Twitter [@ETSshow](#)
  - Launched [Explore The Space Merchandise Store](#) & #MedGrind
- 2014-Present      Creator, Producer and Host, [Explore The Space Podcast](#)
- Interviews with experts from the interface of healthcare and society.
  - Creator and producer of [#MedLasso](#)
  - Created The 4 Pillars: [Leadership & Culture](#), [Illness & Recovery](#), [Innovation & Education](#), & [The Mental & Physical Edge](#).
  - Rated #1 on New and Noteworthy Medicine Podcasts on Apple Podcasts.
  - 4.8-Star Rating on Apple Podcasts, 214 reviews as of 4/15/2024
  - 331 published episodes as of 7/2/2024

## Public Speaking Highlights

- 2024      “Making Friends As An Adult”  
TEDx Sonoma County 3/2/24
- 2023      [“Meeting Climate Change, Our Apex Predator: Implications for Medical Education”](#)  
Invited Keynote, Research In Medical Education Conference,  
Pritzker School of Medicine, University of Chicago 9/20/23
- 2023      [“Things I Didn’t Learn In Training About Firearms”](#)  
Honorary Speaker, Dr. Mary Ellen Riegel Memorial Grand Rounds  
University of Rochester Medical Center 8/15/23
- 2023      [“Gun Violence Awareness Month Press Conference”](#) Speaker  
alongside Rep. Nancy Pelosi, Rep. Mike Thompson, CA Lt.  
Gov. Eleni Kounalakis & more. Intro at 32:45 6/16/23
- 2022      [“Health Equity Roundtable”](#)

The White House, Washington D.C. 8/28/22

2022                    [“The Moment Before Our Future”](#)  
Keynote Address, Society of Hospital Medicine Annual Meeting  
4/10/22

## **Keynote & Plenary Addresses**

2023                    [“Things I Didn’t Learn In Training About Firearms”](#)  
Healthcare Provider Wellness Conference, Sharp Healthcare  
4/11/24

2023                    [“Things I Didn’t Learn In Training About Firearms”](#)  
Chair Rounds, Cincinnati Children’s Hospital 11/13/23

2023                    [“Collegiality As A Bridge To Patient Experience”](#)  
Texas Health Physician Group Hospitalist Conference 10/25/23

2023                    [“Collegiality As A Bridge To Patient Experience”](#)  
Texas Health Physician Group Hospitalist Conference 10/10/23

2023                    [“Meeting Climate Change, Our Apex Predator: Implications for  
Medical Education”](#)  
Research In Medical Education Conference, Pritzker School of  
Medicine, University of Chicago 9/20/23

2023                    [“Things I Didn’t Learn In Training About Firearms”](#)  
Dr. Mary Ellen Riegel Memorial Grand Rounds  
University of Rochester Medical Center 8/15/23

2022                    [“Making New Friends” Plenary Address](#)  
Association of Program Directors in Internal Medicine  
Fall Meeting 9/20/22

2022                    [“The Moment Before Our Future”](#)  
Keynote Address, Society of Hospital Medicine Annual Meeting  
4/10/22

2021                    [“Compliments as a Performance Lever During Covid-19”](#)  
TEDx SUNYUpstate 3/6/21

2019                    [“Patient & Clinician Experience, From Darkness To Light”](#) Einstein  
Healthcare Network Lung & Thoracic Symposium 10/12/19

2019 “Physicians & Gun Violence Prevention” [Rock The Ride For Gun Violence Prevention](#) 6/28/19

2015 “Advancing Hospitalist Effectiveness” The Doctors Company Hospitalist Advisory Board 9/16/15

## **Grand Rounds & Invited Talks**

2024 “Things I Didn’t Learn In Training About Firearms”  
Dept of Medicine Grand Rounds, University of Arizona 6/7/24

2024 Scrubs Addressing the Firearm Epidemic (SAFE)  
Guest Speaker, Perelman School of Medicine at the University of Pennsylvania 5/7/24

2024 “Things I Didn’t Learn In Training About Firearms”  
Dept of Medicine Grand Rounds, University of Iowa 3/6/24

2023 “Guns & Gun Violence In America”  
Guest Lecturer at Plan II Honors Program, University of Texas at Austin 10/23/23

2023 “Things I Didn’t Learn In Training About Firearms”  
Dept of Hospital Medicine Grand Rounds, UC-San Francisco 10/20/23

2023 “Things I Didn’t Learn In Training About Firearms”  
Dept of Medicine Grand Rounds, Henry Ford Health 10/12/23

2023 “Allyship In Action: A Primer ”  
Women In Medicine Summit 9/21/23

2023 “Collegiality Between Hospitalists & Emergency Doctors”  
Dept of Medicine Grand Rounds, University of Rochester Medical Center 9/15/23

2023 “Things I Didn’t Learn In Training About Firearms”  
Dept of Medicine Grand Rounds, Baylor College of Medicine 8/17/23

2023 “Collegiality Between Hospitalists & Emergency Doctors”  
Dept of Medicine Grand Rounds, Riverside Health System 8/8/23

- 2023 [“Re-Thinking Work-Life Balance”](#)  
This Clinical Life with the Clinician Experience Project  
Practicing Excellence 6/30/23
- 2023 “Things I Didn’t Learn In Training About Firearms”  
Dept of Medicine Grand Rounds, University of Pennsylvania  
6/22/23
- 2023 [“Things I Didn’t Learn In Training About Firearms”](#)  
Dept of Internal Medicine Grand Rounds, Oregon Health Science  
University, 4/25/23
- 2023 “Situational Awareness for Leaders”  
Academic Hospitalist Leadership Summit, Society of Hospital  
Medicine Annual Meeting 3/26/23
- 2023 “Things I Didn’t Learn In Training About Firearms”  
Harvard Affiliated Emergency Medicine Residency Grand Rounds  
3/22/23
- 2023 “Things I Didn’t Learn In Training About Firearms”  
Grand Rounds/Visiting Scholar Creighton School of Medicine  
2/1/23
- 2022 “Things I Didn’t Learn In Training About Firearms”  
Internal Medicine Grand Rounds, University of Nebraska 11/11/22
- 2022 “Things I Didn’t Learn In Training About Firearms”  
Hospital Medicine Grand Rounds, Providence Medical Group  
10/5/22
- 2022 “Things I Didn’t Learn In Training About Firearms”  
Grand Rounds, CommonSpirit Health 9/23/22
- 2022 “Patient Experience Boot Camp”  
Internal Medicine/Pediatrics Noon Conference  
Spectrum Health 9/20/22
- 2022 “Promoting Mastery For Our Teams” Leadership Rounds,  
Spectrum Health 9/20/22
- 2022  
ence”  
“Let’s Get Some Shared Understanding Around Patient Experi-  
Internal Medicine/Pediatrics Grand Rounds,  
Spectrum Health 9/20/22

2022  
9/14/22 “Starting & Building Your Advocacy Journey” Internal Medicine  
Noon Conference, Medical University of South Carolina

2022 “Things I Didn’t Learn In Training About Firearms”  
Internal Medicine/Pediatrics Grand Rounds, Medical University of  
South Carolina 9/14/22

2022 “Things I Didn’t Learn In Training About Firearms” Grand Rounds,  
7/20/22 Sonoma-Mendocino-Lake County Medical Association

2022 “Improv & ‘Yes, And’” Medical Humanities Hour  
Baylor College of Medicine 6/8/22

2022 “Things I Didn’t Learn In Training About Firearms” Internal Medicine  
Grand Rounds, Baylor College of Medicine 6/8/22

2022 “Understanding Allyship & Upstanding” Hospitalist Grand Rounds,  
Cleveland Clinic 4/19/22

2022 “Understanding Allyship & Upstanding” Pediatric Grand Rounds,  
University of Chicago Medicine/Comer Children’s Hospitals 3/3/22

2021 “Amplifying With Intention” Women in Medicine Summit 9/24/21

2021 “Talking Covid” Learning House With Listening For A Change  
Sonoma Country Day School 5/22/21

2020 “Covid-19 & Community Impact”  
Active 20-30 Club of Santa Rosa 7/28/20

2020 “Turning On Your Megaphone: Physicians, Advocacy, & Social  
Media” Nephrology Social Media Collective Internship 5/24/20

2020 “We Carry The Fire” Coda Change, Melbourne 4/21/20  
(canceled due to Covid19)

2019 “Clinicians In A Disaster” Internal Medicine Grand Rounds  
Oregon Health & Science University 10/15/19

2019 “Social Media & Physicians: Risks, Benefits, & Alternatives”  
Doctors Company Hospitalist Advisory Board 9/20/19

2019 “Disaster Management For Hospitalists.” Society of Hospital  
Medicine Annual Meeting 3/26/19

- 2018 "Hospitalists In A Disaster: Hospital Medicine During Sonoma  
County Wildfires." UC-San Francisco Dept. of Hospital Medi-  
cine 2/2/18
- 2017 Building An Advanced Practitioner Program"  
Doctors Company Hospitalist Advisory Board 9/18/17
- 2016 "Positioning Colleagues" Leadership Development Institute,  
St Joseph Health, Santa Rosa

## Explore The Space Live Shows

- 2023 "MedLasso Trivia Night" Live Show, Society of  
Hospital Medicine Annual Meeting 3/28/23
- 2022 "In The Locker Room With MedLasso" Live Show, Society of  
Hospital Medicine Annual Meeting 4/9/22
- 2022 "[Doctors, Hospitals, & the Resurgent Pandemic](#)" Roundtable Event  
Journal of Hospital Medicine & Society of Hospital Medicine 1/28/22
- 2021 "[MedLasso/Women In Medicine Live Show](#) 9/28/2021
- 2021 "[The Coach & The Congressman](#)" Moderator with Rep. Mike  
Thompson and Steve Kerr, Head Coach of Golden State  
Warriors. Rock The Ride For Gun Violence Prevention  
Annual Event 6/26/21
- 2021 "[The Pluripotent Hospitalist](#)" National Hospitalist Day Celebration,  
Explore The Space & Society of Hospital Medicine 3/4/21
- 2020 "Perfectionism In Medicine" Live Show at Society of Hospital  
Medicine Annual Meeting San Diego 4/17/20  
(canceled due to Covid19)
- 2019 "[Out of the Comfort Zone](#)" Live Show with Explore The Space &  
The Nocturnists, Gray Area Theater, San Francisco 10/19/19

## Panel Moderator & Participant

- 2023 "These Vital Signs: An Evening With The Author" Moderator with  
Dr. Sayed Tabatabai 8/19/23
- 2023 "Physicians & Gun Violence Prevention" Moderator with guests  
Dr. Annie Andrews & Dr. Andre Campbell  
[Rock The Ride For Gun Violence Prevention](#) 6/24/23

- 2022 “So We Voted, What’s Next?” Panelist: Civic Health Alliance Webinar 12/8/22
- 2022 “The Future of Nursing” Moderator: Clinician Experience Project CONNECT Conference 11/15/22
- 2022 “Men As Allies” Moderator/Panelist: Mayo GRIT Conference 10/28/22
- 2022 [“We Were Three”](#) Contributor: “This American Life” 10/13/22
- 2022 “Restoring Meaning In Work” Panelist, Spectrum Health 9/20/22
- 2022 [“Health Equity Roundtable” Panelist](#): The White House Washington D.C. 8/28/22
- 2022 “Preventing Mass Shootings” Moderator with guest Mark Follman [Rock The Ride For Gun Violence Prevention](#) 7/15/22
- 2022 [“Bipartisan Safer Communities Act”](#) Press Conference With Rep. Mike Thompson 6/30/22
- 2022 “Harnessing the Power of Your Inner Advocate” Panelist: AMWA Gender Equity EmpoweHER Summit 5/15/22
- 2022 “Podcasts In Health Professions Workshop” Panelist: Best Practices in Health Sciences Education Conference 5/4/22
- 2021 “Growing & Adapting Your Career” Panelist: Medscape Twitter Spaces 10/27/21
- 2021 “Social Media Advances” Panelist: Women in Medicine Summit 9/25/21
- 2021 “Early Career Mentorship” Panelist: Women in Medicine Summit 9/23/21
- 2021 “Gender Equity Panel Discussion” Panelist: ADVANCE PHM Gender Equity Symposium 9/10/21
- 2021 “Equity In Action” Moderator: Diversity, Equity & Inclusion Panel With Practicing Excellence 8/4/21
- 2021 “Digital Resources for Professional Advancement” Panelist: 16<sup>th</sup> Annual Perioperative Medicine Summit 3/5/21

- 2020 [“Steps to Reducing Gun Violence”](#) Moderator: Rock The Ride For Gun Violence Prevention Annual Event 6/24/20
- 2020 “Exploring Alternative Career Paths” Panelist: American College of Physicians Annual Meeting (canceled due to Covid19)
- 2019 Social Media & 2020 Residency Application Season” Moderator: Women In Medicine Twitter Chat 10/9/19

## Media Appearance Highlights

- 2022 [“The Global Interview: Mark Shapiro, MD](#)  
The Global Interview feature interview, 8/22/22
- 2022 [“Gun Violence in America: A Healthcare Issue That Is In Our Lane with Dr. Mark Shapiro”](#) The Gritty Nurse Podcast, 8/17/22
- 2022 [“Santa Rosa Doctor No Longer Silent On Gun Issues”](#)  
Press Democrat Newspaper feature story, 5/29/22
- 2020 “Breaking Point: US Hospitals Under Pressure As Cases Rise”  
Today Show Australia live TV interview 12/9/20
- 2020 [“They Couldn’t Say Goodbye Online, So ICU Patients Are Using Tablets Instead”](#) CNNHealth print interview, 12/6/20

All media appearances [are archived here in chronological order.](#)

## Publications (Peer-Reviewed)

1. Oddo E, Andrews A, Hink A, **Shapiro M**, Bosslet G. [Preventing Gun Violence: Catalyzing Action](#). J Hosp Medicine 8 Dec 22. DOI: 10.1002/jhm.13018
2. Marcelin JR, **Shapiro M**, Varghese T, Cawcutt K, O’Glasser AY. [Moment vs Movement: Mission-Based Tweeting for Physician Advocacy](#). J Hosp Medicine 21 July 2021. DOI: 10.12788/jhm.3636
3. Arora VM, Wray CM, O’Glasser AY, **Shapiro M**, Jain S. [Leveling the Playing Field: Accounting for Academic Productivity during COVID-19](#). J Hosp Medicine. 2021 Feb 16(2):120-123. PMID: [33496656](#)
4. Arora VM, Wray CM, O’Glasser AY, **Shapiro M**, Jain S. [Using the Curriculum Vitae to Promote Gender Equity during the COVID-19 Pandemic](#). Proc Natl Acad Sci USA. 2020 Sep 17:202012969.



## Publications

1. [Explore The Space Podcast](#): 331 episodes as of 7/2/2024. Topics include:
  - [Gender Equity](#)
  - [Covid-19](#)
  - [Racism & Antiracism](#)
  - [Advocacy & Medicine](#)
  - [Gun Violence](#)
  - [Climate Change](#)
  - [Leadership](#)
  - [MedLasso](#)
  - [Full Show Archive](#)
2. **Shapiro, M** “Amplifying With Intention” Women In Medicine Symposium 2021 Compendium, 9/24/2021
3. Arora V, Jain S, O’Glasser AY, Wray C, **Shapiro M**. [White Paper: Covid19 Contributions On A Professional CV](#). Explore The Space LLC. June 2020
4. O’Glasser AY, Arora V, Jain S, Wray, C, **Shapiro M** [White Paper: Covid 19 Contributions On A Residency/Fellowship ERAS Application](#). Explore The Space LLC. July 2019
5. O’Glasser AY, Wray C, Arora V, **Shapiro M**. [White Paper: Social Media, Podcasts, & Blogs On The Residency/Fellowship ERAS Application](#). Explore The Space, LLC. June 2019.
6. **Shapiro, M**, Arora V, Wray C. [White Paper: Social Media & CVs](#). Explore The Space LLC. April 2019
7. **Shapiro, M**. [Hospitalists Should Endorse Their Teammates](#) The Hospitalist, November, 2016.

## Clinical Experience

2016-Present	Hospitalist, Providence Medical Group-Sonoma County
2006-2016	Hospitalist, Sharp Rees-Stealy Medical Group
2003-2006	Resident Physician, UC-San Diego Dept. of Internal Medicine

## Leadership Experience

2014-Present	Lead Faculty for Hospital Medicine, <a href="#">Clinician Experience Project</a>
2019-2021	Board of Directors, Providence Medical Group-Sonoma County
2020	Co-Lead, <a href="#">VoteHealth Morning Report Initiative</a>
2018-2019	Associate Medical Director, Providence Medical Group-Sonoma County

2016-2019	Medical Director, Hospital Medicine, Santa Rosa Memorial Hospital
2016-2017	Selectee, St. Joseph Health Leadership Academy
2013-2016	Chief, Department of Internal Medicine, Sharp Memorial Hospital
2012-2014	Selectee, Sharp Healthcare Leadership Academy
2012-2013	Member, Department of Internal Medicine Supervisory Committee, Sharp Memorial Hospital

### **Philanthropic Sponsorships**

2019-present	Rock The Ride for Gun Violence Prevention
2020-present	<a href="#">Women In Medicine Summit</a>
2023-present	Santa Rosa American Little League
2023	University of Pittsburgh Pharmaco-equity Summit

### **Advisory Positions**

2023-Present	<a href="#">Civic Health Alliance</a> Founding Advisor
2022-Present	<a href="#">CareAlign</a> Advisory Team
2021-Present	<a href="#">Women In Medicine Summit</a> Advisory Board Member
2020-Present	<a href="#">Vave Health</a> Advisory Team
2019-Present	<a href="#">Rock The Ride For Gun Violence Prevention</a> Advisory Board
2012-Present	Founding Member, Doctor's Company Hospitalist Advisory Board

### **Awards & Recognition**

2024	Winner, <a href="#">"Man of Good Conscience Award"</a> , American Medical Women's Association
2023	Elected Fellow, Society of Hospital Medicine
2023	Elected Fellow, American College of Physicians

2022 Nominee, [“Social Justice Award”](#) Nephrology Journal Club Annual Awards

2021 Winner, [“I Stand With Her #HeForShe Award”](#), Women In Medicine Summit

2020 Honorable Mention, “I Stand With Her #HeForShe” Award Women In Medicine Summit

2018 Doximity Podcast Of The Week

2015 Apple Podcasts #1 New & Noteworthy Medicine Podcasts

2015 Sharp Healthcare Guardian Angel

2014 Top Doctor, San Diego County Medical Society

2014 Excellence in Quality, Sharp Healthcare Hospitalist Awards

2014 Sharp Healthcare Guardian Angel

2013 Society of Hospital Medicine “Movers And Shakers in Hospital Medicine”

2013 Sharp Healthcare Guardian Angel

2012 Excellence in Patient Satisfaction, Sharp Healthcare Hospitalist Award

2012 Sharp Healthcare Guardian Angel

2011 Sharp Healthcare Guardian Angel

2003 Alpha Omega Alpha Medical Student Honor Society

2003 Montague Lane Memorial Award, Outstanding Student In Mechanism & Management of Disease

1998 Phi Beta Kappa Honor Society

1998 Sports Columnist of the Year, Daily Bruin Newspaper

## **#MedGrind Events**

1. Society of Hospital Medicine Annual Meeting 4/14/24

2. Women In Medicine Summit 9/20/23
3. American College of Physicians Annual Meeting 4/27/23
4. Society of Hospital Medicine Annual Meeting 3/28/23
5. Women In Medicine Summit 9/17/23
6. Society of Hospital Medicine Annual Meeting 4/8/22

### **Explore The Space Twitter Chats (#ETSChat)**

1. "MedLasso" 12.8 million impressions in 6 hours. Trended on Twitter 6/5/23
2. "MedLasso" 9.7 million impressions in 6 hours. Guest Dr. Jessie Allan 3/29/22
3. "Healthcare Workers vs Hunger" 11.8 million impressions in 6 hours. Guest Dr. Angela Weyand, Dr. Tatiana Prowell, 12/16/21
4. "Activity and HCWs" 9.5 million impressions in 6 hours. Guest Dr. Deanna Behrens 11/30/21
5. "Finding Mucho, Mucho Joy 12.8 million impressions in 6 hours. Guest Dr. Anne Peled 10/27/21
6. "MedLasso" 7 million impressions in 6 hours 10/10/21

### **Social Media**

Twitter [@ETSshow](#): >28,000 followers & >1.5 million Twitter impressions/month

### **Education**

2003-2006	University of California, San Diego	Residency, Internal Medicine
1999-2003	Baylor College of Medicine	M.D. with Honors
1994-1998	University of California, Los Angeles	B.A. History, Magna Cum Laude

### **Certifications and Licensure**

American Board of Internal Medicine #277005	Recertification due 12/31/2025
California Medical Board #A91772	Renewal due 4/30/2025

DEA Registration #BS9421962  
2/28/2025

Renewal due

Advanced Cardiac Life Support

Recertification due 6/1/2023

## **Committees & Projects**

2020-Present	Sonoma County Democratic Party Endorsement Committee
2019-2022	New Membership Committee, St. Joseph Health Medical Group
2016-2022	Cultural Initiative Committee, St. Joseph Health Medical Group
2020-2021	Society of Hospital Medicine Communications Strategy Committee
2016-2019	Hospitalist-Specialist Co-Management Project, Santa Rosa Memorial Hospital
2016-2019	Quality and Safety Council, Santa Rosa Memorial Hospital
2016-2019	Chief Medical Officer Council, Santa Rosa Memorial Hospital
2016-2019	Medical Executive Committee, Santa Rosa Memorial Hospital
2016-2019	Mortality Oversight Committee, Santa Rosa Memorial Hospital
2016-2019	Board Quality Committee, Santa Rosa Memorial Hospital
2016-2019	Performance Monitoring Committee, Santa Rosa Memorial Hospital
2016-2019	Regional Referral Steering Committee, Santa Rosa Memorial Hospital
2016-2019	Opioid Safety & Stewardship Project, Santa Rosa Memorial Hospital
2016-2019	Hospital-Acquired Infection Reduction Project, Santa Rosa Memorial Hospital
2014-2016	Society of Hospital Medicine Patient Experience Committee
2014-2016	Physician Hand-Washing Improvement Initiative, Sharp Memorial Hospital
2014-2016	Clostridium Difficile Infection Reduction Project, Sharp Memorial Hospital

2014-2016	Venous Thrombo-Embolic Reduction Project, Sharp Memorial Hospital
2014-2016	Society of Hospital Medicine Patient Experience Committee
2014-2016	Sharp Rees-Stealy Physician Champion for Practicing Excellence
2014-2016	Sharp Memorial Hospital Patient Handoff Workgroup
2012-2016	SharpRounds Case Conference, Sharp Memorial Hospital
2011-2016	Sharp Rees-Stealy Clinical Guidelines Committee
2011-2016	Sharp Rees-Stealy Pharmacy and Therapeutics Committee

### **Youth Sports Coaching**

2023	Empire Soccer U-8 Assistant Coach, Team Downpour
2022	Empire Soccer U-8 Assistant Coach, Team Tidal Waves